The University of Alabama
College of Education
Kinesiology
Exercise Science Concentration

This degree is useful for students who plan to pursue a career in kinesiology or plan to attend a professional graduate school upon completion of their undergraduate degree (examples include but are not limited to: physical therapy, occupational therapy, physician’s assistant and medical school among others). This program will not lead to teaching certification.

The following courses can be taken at a junior college prior to transferring:

- Six hours of EN 101 and EN 102.
- Twelve hours of Literature, Humanities, and Fine Arts.
- Twelve hours of history and social behavioral sciences. Students pursuing the pre-professional professions after graduation (Physical/Occupational Therapy, Physician’s Assistant/Medical School) should take PY 101.
- A sequence in history or literature is required as you are completing core requirements.
- A foreign language sequence or a computer science sequence is required.
- BSC 215 and BSC 216 are required for the kinesiology core, and do NOT count as natural science attribute courses and therefore do not meet general core requirements. Biology is required before enrolling in BSC 215/216.
- Students who are pursuing pre-professional professions after graduation (PT/OT/PA/MED) should take BSC 114/115, BSC 215, and BSC 216. Depending on which professional school’s pre-requisites a student is trying to meet, the student may also choose to take BSC 116/117.
- CH 101 is required for the exercise science concentration.
- Students who are planning to pursue medical school after graduation should register for CH 101 during their freshman year, as they will need both CH 101 & 102 for entrance into organic chemistry: CH 231 & 232/237. These classes are prerequisites for biochemistry which should be completed prior to registration for the MCAT.
- Students can only transfer a total of 60 hours applicable to a degree program from a junior college.

Things to remember:

- Talk to the UA Admissions officers about scholarship availability and deadlines.
- Once a student completes the general core and the kinesiology requirements, he or she will typically meet the 120 hour requirement. Elective classes are typically not needed.
- A minor is not required.
- You are always welcome to contact an advisor at 205-348-6073 if you have any questions. **Students are especially encouraged to contact an advisor prior to enrolling in a kinesiology course at another school.**
- You are also welcome to consult the transfer articulation chart available online at Registrar.UA.Edu. [https://ssb.ua.edu/pls/PROD/rstreq.P_Searchtype](https://ssb.ua.edu/pls/PROD/rstreq.P_Searchtype)