

The University of Alabama

College of Education

Human Performance and Exercise Sport Science

This degree is useful for students who plan to pursue a career in kinesiology or plan to attend a professional graduate school upon completion of their undergraduate degree (examples include but are not limited to: physical therapy, occupational therapy, physician's assistant and medical school among others). This program will **not** lead to teaching certification. In addition to the general core requirements set by the University, 34 hours of kinesiology core classes are required. Additionally students in this major will choose concentrations based on their career goals. If a student is planning to pursue graduate school in exercise science, an allied health field, medicine, etc. then they will most likely want to choose the pre-professional concentration and one of the other concentrations (often fitness). If the pre-professional concentration is not selected, students must choose three of the following concentrations: sport and fitness management, coaching/sport skills, disability sports, fitness, health promotion, and nutrition.

The following courses can be taken at a junior college prior to transferring.

- Six hours of EN 101 and EN 102.
- Twelve hours of Literature, Humanities, and Fine Arts.
- Twelve hours of history and social behavioral sciences. Students pursuing the pre-professional concentration should take PY 101.
- A sequence in history or literature is required as you are completing core requirements.
- A foreign language sequence or a computer science sequence is required.
- Math 110 or Math 112 will meet the math core requirement for students who are not pursuing the pre-professional concentration.
- Students pursuing the pre-professional concentration should take Math 112 or higher. The pre-professional concentration requires student to take at least Math 113 or a higher math course.
- Students who are not pursuing the pre-professional concentration should take BSC 109 and one other natural science. Although BSC 215 and BSC 216 are required for the kinesiology core, these are not natural science attribute courses and therefore do not meet general core requirements.
- Students who are pursuing the pre-professional concentration should take BSC 114/115, BSC 215, and BSC 216. Depending on which professional school's pre-requisites a student is trying to meet, the student may also choose to take BSC 116/117, CH 101, CH 102, PH 101, and PH 102.
- Students can only transfer a total of 60 hours applicable to a degree program from a junior college.

Things to remember:

- Talk to the UA Admissions officers about scholarship availability and deadlines.
- Once a student completes the general core, the kinesiology core, and his or her chosen concentrations, he or she will typically meet the 120 hour requirement. Elective classes are typically not needed.
- A minor is not required.
- You are always welcome to contact an advisor at 205-348-6073 if you have any questions. **Students are especially encouraged to contact an advisor prior to enrolling in a kinesiology course at another school.**
- You are also welcome to consult the transfer articulation chart available online at Registrar.UA.Edu.
https://ssb.ua.edu/pls/PROD/rtstreq.P_Searchtype