**Kinesiology core (34 semester hours)**  
ATR 272 First Aid, Safety, & CPR 2  
BSC 215 Human Anatomy & Phy I 4  
BSC 216 Human Anatomy & Phy II 4  
KIN 199 Eco Appr to Hlth & Fitness 3  
KIN 300 Foundations of Human Perf 3  
KIN 362 Motor Development 3  
KIN 365 Applied Biomechanics 3  
KIN 366 Evaluation and Measurement 3  
KIN 464 Adm of Physical Edu & Sptr 3  
KIN 468 Adapted Physical Edu (W) 3  
KIN 492 Physiology of Exercise 3  

**Kinesiology Concentrations (36-43 semester hours)**  
Select 3 concentrations for in-depth study or the Pre-professional track plus 1 additional concentration.

**Disability Sports (15 hrs)**  
KIN 387 Field Experience in Kinesiology 3  
SPE 300 Survey of Special Education 3  
KIN 488 Internship in Exercise & Sp Sci 6  
KIN 496 Independent Study 3  

**Fitness (15 hrs)**  
KIN 387 Field Experience 3  
KIN 493 Fitness Appr & Exer Prescrip 3  
KIN 488 Internship in Exercise & Sp Sci 9-12  

**Health Promotion (12 hrs)**  
HHE 370 Principles & Fnds of Hlt Pro 3  
HHE 378 Drug Awareness/Education (W) 3  
HHE 440 Stress Management 3  
HHE 467 Design & Eval Hlt Promo Prg 3  

**Nutrition (12 hrs)**  
NHM 101 Intro to Human Nutrition 3  
NHM 210 Dynamics of Weight Control 3  
NHM 315 Nutrition for Performance 3  
NHM 401 Nutrition for Hlt Professionals 3  

**Pre-professional (28 hrs)**  
CH 101 General Chemistry I 4  
CH 102 General Chemistry II 4  
PH 101 General Physics I 4  
PH 102 General Physics II 4  
MATH 113 PreCalculus Trig 3  
PY 211 Elem Stat Methods 3  
PY elective 3  
PY elective 3  

**Advisor approved electives (0-3 hrs)**

*KIN 491 Sport, Exer & the Soc Sci (W) 3  

**ADVISING NOTES**

Students in this major should utilize general studies, including Area V, to meet major and/or prerequisite requirements. **Area II:** a student may substitute an additional Area II course for the public-speaking requirement. **Area III:** BSC 109 should be selected to meet prerequisite requirement. For students selecting the **pre-professional concentration**, BSC 114/115 should be taken instead of BSC 109. Students selecting the **pre-professional concentration** should complete MATH 112 to meet prerequisite requirements. **Area IV:** Students selecting the **pre-professional concentration** should complete PY 101 to meet prerequisite requirements. Students selecting the **business concentration** should complete EC 110 to meet prerequisite requirements.

*KIN 491 Sport, Exercise and the Social Sciences (W) is acceptable as a writing course. Offered during interim term.*

See advisor approved electives.

General electives: